



**CUT WORKLOAD**



**SAVE TIME**



**REDUCE STRESS**

## Supporting staff wellbeing in your school

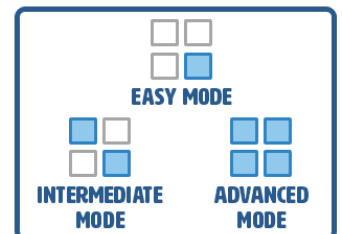
Wellbeing isn't just an issue for students, but for teachers and technicians too.

High workload, lack of work-life balance, lack of resources and feeling unsupported by leaders can all combine to negatively impact the wellbeing of staff. With so much technology now on board in schools, it's time to think about how this can not only benefit teaching and learning, but staff wellbeing too.

Our classroom management solution, [NetSupport School](#), and IT management solution, [NetSupport DNA](#), can provide schools with a combination of tools to deliver shortcuts to make technicians' lives easier, save teachers' time and alleviate anxieties around technology use...

### Making classroom technology accessible

Many teachers struggle to use classroom technology effectively; sticking to a few tried and tested tools. Others simply fear using it much at all and the thought of it causes anxiety and stress. [NetSupport School](#) offers three graded 'user modes' (Easy, Intermediate and Advanced) to make it more accessible and help them to gain confidence as they progress – or, if the investment has already been made, can enable student digital leaders to assist in supporting others in the class.



***"72% of all education professionals described themselves as stressed."***

[https://www.educationsupport.org.uk/sites/default/files/teacher\\_wellbeing\\_index\\_2019.pdf](https://www.educationsupport.org.uk/sites/default/files/teacher_wellbeing_index_2019.pdf)

### Time-saving tools

Even in the classroom, every little shortcut can help. For example, with a single mouse click, [NetSupport School](#) pushes a specific website to every student's computer rather than wasting vital moments waiting for them all to get to the right place. Multiple shortcuts such as this can combine to really help free up teachers' time.

### Reduce workload

Creating reusable resources can be a huge time-saver. [NetSupport School](#) offers an intuitive Test Designer to create customised tests that include text, picture, audio and video questions. It marks the results automatically



and displays them to teachers for timely feedback. Tests can be saved and edited as needed, instead of creating new ones from scratch each time.

### Best practice

Helping any absent students catch up is easy, as is supplying revision notes for the class. The **NetSupport School Student Journal** tool allows teachers to note all relevant information from the lesson into a document and include notes, links, screenshots, homework details, chat conversation transcripts – and more. Now everyone has a record of the lesson to refer to – and teachers can easily refer to the content of previous lessons without having to search through files and notes.

To learn more about **NetSupport School**, click here

*“43% of newly-qualified teachers experienced a mental health issue in the past academic year.”*

[https://www.educationsupport.org.uk/sites/default/files/teacher\\_wellbeing\\_index\\_2019.pdf](https://www.educationsupport.org.uk/sites/default/files/teacher_wellbeing_index_2019.pdf)



### Be in the know on eSafety

With so many online risks and an ever-changing language used by young people, it's impossible for staff to be knowledgeable about everything. **NetSupport DNA's** Safeguarding module means that teachers don't have to be, as it provides insights into what students are typing, copying or searching for and alerts them if a student is at risk – hugely reducing the worry about potentially missing an issue that affects their welfare.

### Tech support, support!

**NetSupport DNA** can help technicians promote wellbeing across the school by keeping the network and all devices well managed, maintained and supported via its comprehensive set of remote management tools – all from a central point. Everyone's happy!



*“40% of people would feel uncomfortable having a conversation with someone about their mental health”*

<https://mentalhealth-uk.org/partnerships/projects/information-guides/>

### Reduce manual tasks

For the IT team itself, manual tasks can be reduced, thanks to the data that **NetSupport DNA** collects from each device: from CPU and BIOS types, to network, video, storage information, hardware and software inventories and more – making technicians' time available to focus on other tasks.

### Tech takes the strain

Spotting areas where costs or time can be saved is important for schools. Using **NetSupport DNA's** Efficiency view, IT teams can see at a glance if technology is being used effectively and have the opportunity to reduce any wastage. Plus, having to solve problems under pressure isn't ideal for anyone, so by proactively monitoring hundreds of scenarios for changes, DNA can alert technicians to issues before they become problematic, giving them the opportunity to solve them before they take hold.

To learn more about **NetSupport DNA**, click here

Statistics from Mental Health Foundation and Education Support.